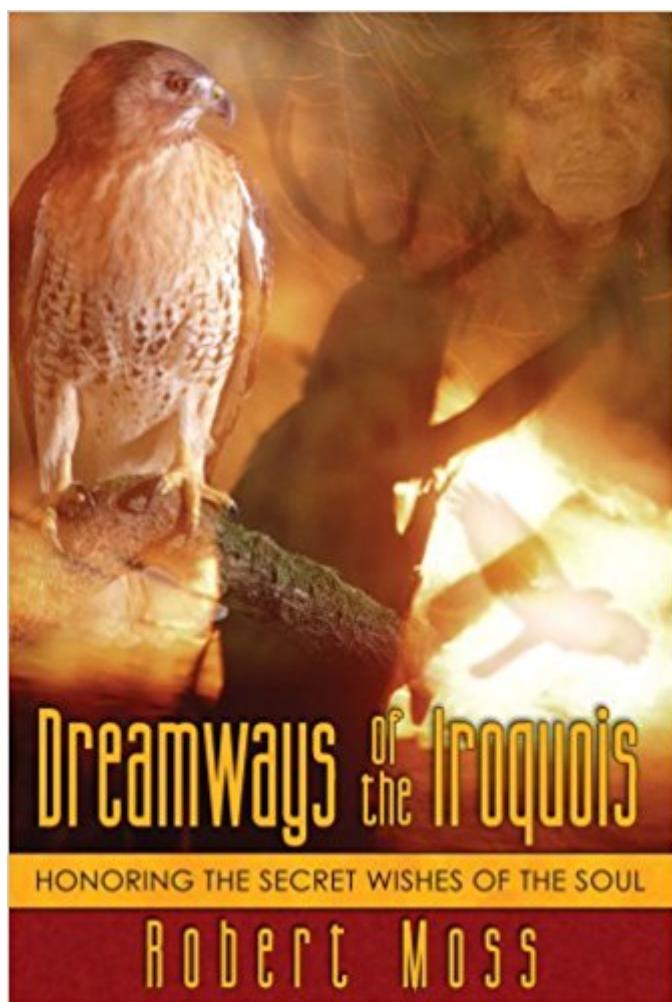


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Dreamways Of The Iroquois: Honoring The Secret Wishes Of The Soul



Synopsis

Explores the ancient Iroquois tradition of dreams, healing, and the recovery of the soul. Explains Native American shamanic dream practices and their applications and purpose in modern life. Shows how dreams call us to remember and honor our soul. The purpose of dreams is true. Offers powerful Active Dreaming methods for regaining lost soul energy to restore our vitality and identity. The ancient teaching of the Iroquois people is that dreams are experiences of the soul in which we may travel outside the body, across time and space, and into other dimensions--or receive visitations from ancestors or spiritual guides. Dreams also reveal the wishes of the soul, calling us to move beyond our ego agendas and the web of other people's projections into a deeper, more spirited life. They call us to remember our sacred contracts and reclaim the knowledge that belonged to us, on the levels of soul and spirit, before we entered our present life experience. In dreams we also discover where our vital soul energy may have gone missing--through pain or trauma or heartbreak--and how to get it back. Robert Moss was called to these ways when he started dreaming in a language he did not know, which proved to be an early form of the Mohawk Iroquois language. From his personal experiences, he developed a spirited approach to dreaming and living that he calls Active Dreaming. Dreamways of the Iroquois is at once a spiritual odyssey, a tribute to the deep wisdom of the First Peoples, a guide to healing our lives through dreamwork, and an invitation to soul recovery.

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Customer Reviews

“Before the European invasion of North America, advanced systems of knowledge had been amassed over the centuries by indigenous people. One of the most remarkable aspects of the Iroquois tradition was the process by which they worked with dreams. In this entertaining and informative book, Robert Moss has made these ‘dreamways’ available to contemporary readers, who will be inspired by the spiritual insight and practical advice that is still applicable today.” (Stanley Krippner, Ph.D., co-author of *Extraordinary Dreams*) “Timely and significant, this is a powerful and richly satisfying combination of myth, history, dream-tellings, stories, poems, and practical tools for ‘reaching for the sky.’ It provides answers for improving the everyday discipline of dreaming in a culture that has all but lost its soul by forgetting to dream.” (Bobbye Middendorf, *ForeWord*, Mar-Apr 2005) “One of the more active players in the modern field of dreams is Robert Moss. He has been an exemplary explorer of dreamworlds and a prolific sharer of his discoveries. He dives into his dreams and accepts the invitations into other realities which they provide him. He is not so much an interpreter of dreams as an explorer; he talks less about what dreams mean and more about the dimensions of consciousness they reveal. In *Dreamways of the Iroquois: Honoring the Secret Wishes of the Soul* (Destiny Books), he tells us the story of his spiritual initiation by the spirits of Native Americans that occurred in his dreams, and his synchronistic daytime interaction with indigenous dreamkeepers. He shares what he has learned from these dream encounters about the soul’s journey in consciousness, a story similar to Edgar Cayce’s “mythistory” (to use one of Moss’s terms) of the soul’s creation by, separation from, and reunion with the Creator. It would be fair to say that to Moss, the important thing about dreamwork is for us to use it to remember our true spiritual nature as soul. I have adopted a similar idea in an attempt to summarize Cayce’s view: the purpose of dreaming is for us to empathize with our soul, the treasure within. Ideally, dreamwork would make soul awareness, which is usually dormant except while we sleep, more a part of our waking consciousness. Moss repeatedly admonishes us that a dream is a call to action. We need to act upon the dream to honor the soul that brought it to our awareness. One of the actions he values most is to sing the dream! Imagine doing that. Attempting to sing a dream, as I can attest, does put one in touch with the dream’s mood, the shadow of soul. Singing creates a spell in which the enchantment of soul expressed in that dream can be experienced. It is more an experience of energy than insight. Being in touch with soul energy may seem impractical, but with experience, one comes to realize how important it is to be able to approach the world with a non-material consciousness. Dreams are essential to bring a sense of intuitive, timeless being into a co-creative relationship with the unfolding experiences of one’s lifetime. The alternative, as

in Moss' horrific dream, of a modern man amnesic for soul leading a lifeless, mechanical existence, is completely impractical. Creating from the impulses of soul--whether it be an artistic or inventive work, an attempt to refashion a relationship, or a new way of honoring the awareness of Spirit--is the evolving style of today's active dreamwork. (Henry Reed, "A Dream is a Call to Action" in *Venture Inward*, March 2006)"Dreamways of the Iroquois is at once a spiritual odyssey, ...a guide to healing our lives through dreamwork,...and an invitation to soul recovery." (Branches of Light, Spring-Summer-Fall 2005)"...reveals the connections between dreams, spirit, wishes, and healing." (The Midwest Book Review, June 2005)"...an insightful discussion of how dreams can be used to reclaim the vital energy of the soul itself." (The Midwest Book Review, June 2005) "Robert Moss opens ancient and modern pathways into the realms of the soul, giving us insights into our deep humanity and into our American heritage. As a spiritual teacher he is world class." (David Spangler, author of *Everyday Miracles: The Inner Art of Manifestation*) "Reveals the sacred art of dreaming that belongs to all of us, showing us how to navigate the web of dreams for the good of the world soul." (Caitlin Matthews, coauthor of *Walkers Between the Worlds*) "Robert Moss offers us powerful and much needed medicine for our time, combining well-researched and fascinating Iroquois legends and history, the wisdom of his ancient and contemporary guides, and his own truths and teachings to inspire us to once again walk the path of soul and spirit, remembering and honoring our dreams. Highly recommended!" (Rita Dwyer, past president of the International Association for the Study of Dreams) "Moss' book reminds us of the spiritual magic awaiting each of us tonight when we cross the dreamgate to personal discovery. On the wings of his shamanic adventure, we follow Red-tailed Hawk, Dancing Bear, Silver Wolf, Wounded Stag, and his other guides to encounter the Ancient Mother who teaches him, and us, the "Way of the heart." His practical tools help today's readers reclaim these ancient Dreamways for our own paths to healing and soul remembering." (Patricia Garfield, Ph.D., author of *Creative Dreaming* and co-founder of The Association for the Study of Dreams) "In this remarkable book Robert Moss participates in Native American cultural knowledge directly--via his own dreams. His experiences delving into the Iroquois spiritual world along with his use of fascinating historical materials combine to make a rich literary feast. Dreamways of the Iroquois suggests that we profoundly coexist with those who live, or have lived, in our landscapes. It also offers valuable dreamwork techniques for understanding ourselves." (Charles Stewart, Ph.D., Department of Anthropology, University College of London)"Dreamways of the Iroquois is filled with wonderful stories of dreamers who are time travelers and shapeshifters in their sleeping dreams and waking

visions." (Susan LosCalzo, Lofty Nations, New Age Retailer, Holiday 2005)"This is a wonderfully written, intensely engaging and spiritually important work. . . . Not only is this a great book about dreaming, it's a fascinating exploration of the Iroquois peoples and an illuminating adventure into the world of shamanism." (Dawn Brunke, Alaska Wellness, Jan 2006)

NATIVE AMERICAN SHAMANISM / MYTHOLOGY

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--David Spangler, author of *Everyday Miracles: The Inner Art of Manifestation*

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The ancient Iroquois people believed that dreams are experiences of the soul. In dreams we may travel outside the body, across time and space, and into other dimensions--or receive visitations from ancestors or spiritual guides. Dreams reveal the wishes of the soul, calling us to move beyond our ego and the web of other people’s projections into a deeper, more spirited life. They call us to remember our sacred contracts and reclaim the knowledge that belonged to us, on the levels of soul and spirit, before we entered our present life experience. In dreams we also discover where our vital soul energy may have gone missing--through pain or trauma or heartbreak--and how to get it back. Robert Moss was called to these ways when he started dreaming in a language he did not know, which proved to be an early form of the Mohawk Iroquois language. From his personal experiences, he developed a spirited approach to dreaming and living that he calls Active Dreaming. Dreamways of the Iroquois is at once a spiritual odyssey, a tribute to the deep wisdom of the First Peoples, a guide to healing our lives through dreamwork, and an invitation to soul recovery. ROBERT MOSS is a lifelong dream explorer and creator of Active Dreaming, an original synthesis of dreamwork and shamanic techniques for empowerment and healing. A former professor of ancient history at the Australian National University, he is a novelist, shamanic counselor, and author of *Conscious Dreaming*, *Dreamgates*, and *Dreaming True*. He teaches courses in Active Dreaming, creativity, and the Mystery traditions throughout the world. He lives in upstate New York.

This is a beautiful book with a sacred message! The author guides us into the dream state, and the legends of the Iroquois. There are practical applications, individual accounts and testimonies, to inform and re-introduce ourselves to an ancient and mostly forgotten path of knowledge. A quick glance back into history will show you how many pivotal choices were made and based upon dreams. Mr. Moss' book will help reacquaint ourselves with this ethereal world. Sometimes with step by step practices, or with another forgotten(almost) tool, the tale. After reading this volume, you should never awake in the morning the same way again! Highly readable and highly recommended !!!

Robert Moss is simply the foremost authority on shamanic dreaming that there is in contemporary society. I've read much on intentional and shamanic dreaming and also a lot about the ancient indigenous beliefs and practices. He brings that all together and beyond that he's a proficient and engaging writer and thorough academic researcher. If you ever wanted to find evidence beyond the woo woo that the worlds we walk in our dreams are just as real and important as waking reality read his books!

I found this book, Dreamways of the Iroquois, quite riveting and inspirational. It confirmed for me that having day dreams does not equate mental/ emotional instability!! and the visions and dreams I encounter are gifts, messages from Spirit. They are also delicately, intricately interwoven with our perceptions of ordinary reality-if you can call 'it' that!! Well written visionary accounts grounded in his mundane reality without sounding like delusional psychosis!! Very well done!!

I LOVE this book! The stories themselves seem to have opened a doorway into my own dream world of memories, experience and just good fun! The stories have stuck with me as examples to think about and share in the every-day world.. very good visuals for my mind!

Wow. After working with healing energies for 18 years, I get led back to the dreamworld. And get grounded in the process! How amazing to reconnect with with my Mother Earth, Father Sky and my Soul in this way. I have always found my dreams interesting and fantastic; who wouldn't in a world where you can manifest something in your hand before your very eyes and fly. And to reconnect with my animal bretheren, and the plant and mineral kindgom in this way. Open your heart and your mind through your dreams. And heal! Sound good? Then follow your intuition and buy this book.

Why do you think you're reading this? peace, Jeff.

Robert Moss has a unique style of storytelling & amazing experiences with Active Dreaming. Well worth a read.

Engrossing to read, and describes projects that are important to the planet

I truly enjoyed this book! Island Woman brings through ancient teachings that are so right for today. "The Dreaming" is strong & straight forward with the techniques that are provided in the book. "The Dreaming" is a way of healing ourselves to soul wholeness, it's what we come to learn by reading this book. There is much for those new to dream work as well as for seasoned dreamers. The honoring that is given to the Native First Peoples is beautiful to see. I trust we will hear more from Island Woman. A must read for dreamers & earthkeepers. Karen Silverstein

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